



AUSTRIAN-SOUTH AFRICAN SOCIETY
ÖSTERREICHISCH-SÜDAFRIKANISCHE VEREINIGUNG

"FRIENDS OF SOUTH AFRICA"

Newsletter No. 2 / 2011



Dear Members and Friends,

Our most recent highlight was the Annual **South African Braai**. Many of you may still remember braaivleis, rugby and sunny skies at the Donau Rugby Club. We were delighted with their superb facilities opposite Schönbrunn with loads of space for fun and games. You could not miss the venue with the FoSA flag made by Magda flying on high.

Fires were lit at 1 o'clock and by 2 o'clock there were dozens of boerries, spare ribs and chicken wings sizzling away under the skilled tongs of Dick and Len. Added to this were delicious salads prepared by Paulette and her super team and the best pap ever made by Mamsi and yummy garlic bread by Andree. The meal rounded off with a delicious trifle – another Paulette special. The Mini-Olympics featured potato races, 3-legged races, egg&spoon, volley ball and much more with loads of prizes for winners, and losers☺. The raffle put smiles on faces with a stunning selection of SA goodie hampers prepared by Carlien.

Crooning in the background were FoSA member Judy Glueck and her jazz band "10 Years Earlier" adding a special touch.

By the time the rains came the fun had been had and it was time to retire to the bar inside for that last drink before going home. Thanks to everyone who joined us on the day and especially Ambassador and Mrs Mabhongo and our patron Johan with Sonja Botha. Further thanks to those who prepared food, served meals and cleaned up. Our very big thanks to the Donau Rugby Club for hosting us and for their superb facilities and help on the day.



NEWS AMONG FRIENDS

Ernst and Elizabeth Wallner visited in June and reported how much they enjoy living in Windhoek, Namibia and the southern lifestyle.

Travel Tip: Ernst offers travel packages in and around Southern Africa. Contact him on ernstwallner@gmx.net to plan your next trip!

Congratulations Paulette for achieving the almost impossible – loosing 68kg!! In November 2009 Paulette was diagnosed with diabetes. Amongst other things, she joined the WGKK's special programme for diabetic and overweight people with fitness training and diet and medical support. 18 months later and just over 3000km of walking, Paulette fits into a size 40 (36 in SA sizing) and is absolutely glowing with health.

Congratulations to Judy and Alex Glueck who celebrated their 10th wedding anniversary on 18 August!

Congratulations to Hester and Bernard on "tying the knot" on 25 June! Almost a double wedding was celebrated as Hester's son, Emil, married his love from America, Natalie, the following week in London.



Please note the Account details for your membership fees:
FoSA Friends of South Africa RLB NOE – Wien Account No.: 6.322.002 BLZ 32000



FINANCE MATTERS

Dear Friends – this is the time to become a REAL MEMBER and ENJOY the benefits and help us GROW!..

Single : € 25-
Couple : € 45-
Family : € 60-

The membership period is 12 months as from registration. Use your card to qualify for benefits from select partners.

MEMBER SPECIALS

Rugby Club Gym: Special annual price for FoSA members € 360.00. Zumba, belly dancing, gymnastics (kids and adults), Taibo and many other activities on offer. Please present your FoSA membership card.

Jenny Simanowitz: This great South African entertainer is offering FoSA members 20% discount to her shows. Please present your FoSA membership card when paying.

Hairdresser from South Africa: As an introductory offer Joel is offering everyone 30% discount on their first visit.
Joel Rossouw
The Hair Company,
Shüttelstrasse 15a (parking in front of door)
1020 Wien Tel: 017204153



EVENTS

Annual FoSA Golf Day:

Saturday 27 August 2011

Golf Club Hainburg

For friends, colleagues, clients, family!

We are playing an **18 Hole Texas Scramble (2 Players) – Jux tournament** at a challenging **Lower Austrian course**.

Great Prizes are waiting for you at the award ceremony celebrated with a Braai with traditional boerewors and good wines!

Register now under golf@fosa.at

Annual Christmas Market: Saturday 10 December 2011. Venue details to follow!

Annual Christmas Party: Please diarise the FoSA Christmas *gettogether!* Friday 16 December at The Wok Restaurant, Wagramerstrasse, (on the U1), 1220 Wien

World Cup Rugby: South Africa are defending champions! Scream at the screen in Pointers, Resselgasse, Karlsplatz.



THE IMPORTANCE OF NEGOTIATION, BARGAINING AND POWER

This is a subject on which much has been written. The sociologist Amitai Etzioni's classic analysis of power in organizations provides a useful perspective. It offers a broad overview of the main types of power which is immediately recognizable and has significant practical implications.

The focus of this article is not on position power, because the influence in organizations are no longer solely an expression of formal position or authority. There are four separate forms of power, albeit overlapping forms, which can be and are exercised within any organization by managers and non-managers alike. These are expert, personal, position and dependence power, each with its own characteristics.

The focus in this article however is the power of negotiating and bargaining. Certain management positions obviously request considerable involvement in formal negotiations, for example, account and purchasing managers. However the pervasiveness of (whatever) conflict means that anyone in management is involved in negotiating and bargaining. Project managers, for example, may have to negotiate and renegotiate with team members and colleagues to obtain resources and support needed to complete a project successfully and on time. Then there are innumerable situations

in which discussions contain an element of negotiation – of probing, testing, reassuring, searching, hunting and verbal maneuvering – as those involved in negotiation and bargaining let on their concerns and try to find a basis for proceeding with which all are comfortable.

Seen this way, the 'classic' eyeball-to-eyeball negotiations (e.g. to resolve an industrial dispute, to clinch a major deal, to reach an 'out-of-court' settlement) are simple at one end of the spectrum. Informal and tacit negotiations can also be seen as involving sides, interest and power-related attempts to influence the other side in order to achieve a favourable ('winning') outcome.

Hence the skills and approaches that contribute to competence in formal negotiation and bargaining apply to the informal variants as well – and they are hugely important. The ability to negotiate well is as fundamental as the ability to read the budget.

In the next Press Release, we shall look at ways of thinking about negotiations, our behaviour in negotiations that will enable us to tackle these potentially difficult and stressful situations more constructively and creatively.

Elaine van Schalkwyk, MBA



EVENTS GROUP

The next meeting will be in September. **All are welcome** and we hope that many more South Africans and Friends will come and help us to arrange existing functions but also to help us to find new ideas for events and fundraising projects for 2011 and 2012!

Join us for a glass of wine and chat afterwards. Details will be emailed.



Social get-togethers

Want to take up contact with the "Amaroelas" in Vienna where South African Ladies talk and laugh together? Then you can ask Paulette Hendry to send you more information paulette.hendry1@gmail.com. This group usually meets on the last Monday of the month at various venues.

HERTZOG COOKIES Coconut and Jam Cookies SOUTH AFRICA



Hertzog Cookies or Hertzoggies, a delicious blend of coconut and apricot jam, are uniquely South African cookies

The Cookie Pastry:

- 1 lb self-raising flour
- 4 Tbsp sugar
- 2 Tbsp margarine
- 3 egg yolks
- milk or water (as required)
- 1 tsp vanilla essence
- ¼ tsp salt

Beat the margarine and sugar together in a bowl to a light and creamy consistency.

- Stir in the egg yolks and vanilla essence, taking care to blend well. Sift the flour and the salt into the mixture, ensuring that it is thoroughly mixed.
- Stir in enough milk or water so that a fairly stiff dough is formed.
- Place the dough on a floured surface and roll out to a ¼ inch thickness. Cut into rounds with a cookie cutter. Line a greased patty tin with the rounds of dough.

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The Coconut Cookie filling:

- 3 egg whites, stiffly beaten
- 2 cups desiccated coconut
- 1 cup sugar
- apricot jam

Gradually add the sugar to the beaten egg whites, beating well to blend.

Fold the coconut into the mixture and mix well.

Place a little apricot jam in the center of the rounds in the patties and spoon some of the coconut mixture over the jam.

Bake in the oven at 400o F for approximately 15 minutes. The pastry should be a light golden color.

Leave to cool slightly in the patty tin and then place on a rack and let the cookies cool completely.

Makes approximately 60 cookies. These may be stored in an airtight container for 2 weeks.

Paulette Hendry



YOU ARE PROUDLY SOUTH AFRICAN

WHEN:

You call a bathing suit a "swimming costume" or a "kossie".

You call a traffic light a "robot".

You call an elevator a "lift"

You call a car hood a "bonnet"

You call a car trunk a "boot"

You call a pickup truck a "bakkie"

You call a Barbeque a "Braai"

You get cold easily. Anything below 16 degrees Celsius is Arctic weather.

You know what Rooibos Tea is, even if you've never had any.

You know someone who knows someone who has met Nelson Mandela.

You go to braais regularly, where you eat boerewors and swim, sometimes simultaneously.

You can do your monthly shopping on the pavement.

You travel 100's of kilometres to see snow.

You know the rules of Rugby better than any referee!

"Now now" or "just now" can mean anything from a minute to a month.

You continue to wait after a traffic light has turned to green to make way for taxis travelling in the opposite direction.

Travelling at 120 km/h, you're the slowest vehicle on the highway/freeway.

You have to prove that you don't need a loan to get one.

You actually get these jokes and pass them on to other friends from SA.

VIVA !!!!!



So Leute, das ist alles für heute. Wenn Sie Fragen, Anträge, Vorschläge oder irgendetwas haben, was Sie mit uns teilen möchten, bitte nur zu! fosa@fosa.at

Alles Gute Ihr FoSA Vorstand
All Friends of South Africa are invited to submit articles, ideas, news and recipes for the Newsletter. If you have anything to be published, or anything that you would like to share with the others, just send it to fosa@fosa.at

All the best from your **FoSA Board**

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Please visit www.fosa.at and have a look at more photos of the 2010/11 events!

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